

# Say Goodbye to Fat with Boxing at In Balance Fitness, Novotel Siam



Get fit, firm and fierce when you learn to fight like a pro at In Balance Fitness, 4th floor Novotel Bangkok on Siam Square. We are offering classes in Thai Boxing this month so come by and get trained by our experienced boxing coach. Whether you want to learn the traditional art of Thai Boxing, acquire self-defense skills or simply say goodbye to fat, this workout is for you. It will engage every part of your body and will whip you into shape real fast.

- 6 Sessions for 3,500 THB
- 12 Session for 7,000 THB (Get 1 FREE session)

For more information, please call 02-209-8888 extension In Balance Fitness or visit the website <http://www.novotelbkk.com/well-being/in-balance-fitness-centre-and-splash-poolside/>