

# Pick & Mix: Create Your Own Incredible 2-Hour Spa Experience at Spa Cenvaree



When it comes to massage and spa experiences, we all have our different tastes. Perhaps you love a relaxing head massage but not so keen on your feet getting tickled! Or maybe you prefer to skip the oil treatment and go straight for a fragrant body scrub.

At Spa Cenvaree, we have made this pick-and-choose concept possible thanks to our “Spa Buffet”. Over the course of two hours, you can tailor-make your own spa experience - choosing from a total of eight different treatments lasting 30, 45, 60 or 90 minutes each.

Most massage centers and spas don’t afford you the luxury to pick and choose exactly what you want - but with Spa Cenvaree’s “Spa Buffet” you get to do exactly this!

Priced at THB 3,300 NET, you can pick from our buffet of treatments below:

- Herbal Steam Therapy 15 Mins
- Succulent Strawberry Scrub 45 Mins
- Mocha Chino Mud Wrap 45 Mins
- Aromatherapy Oil Massage 60 or 90 Mins
- Thai Massage 60 or 90 Mins
- Head Massage 30 Mins
- Foot Massage 30 Mins
- Signature Organic Facial 60 Mins

Plus, you can extend that luxury spa feeling once you’re home - with our complimentary ‘Heavenly Vanilla Shea Aromatherapy body wash’ (valued at THB 455) for every Spa Buffet booking here at Spa Cenvaree (Centara Grand at CentralWorld).

For reservations, please call 02-100-1234 Ext. 6511, 6516 or e-mail: [spacenvareecgw@chr.co.th](mailto:spacenvareecgw@chr.co.th).  
Open Daily: 09:00 – 23:00 Hrs.

Find out more about Spa Cenvaree below.

Website: [www.spacenvaree.com/spa/centara-grand-centralworld-bangkok](http://www.spacenvaree.com/spa/centara-grand-centralworld-bangkok)

Facebook: Centara Grand & Bangkok Convention Centre at CentralWorld

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