

# Outrigger in Mauritius Introduces New Spa Offerings



In partnership with Aromatherapy Associates, a new spa menu has been introduced to take holiday pampering in Mauritius to a higher level

BEL OMBRE, MAURITIUS - The Navasana Spa at the Outrigger Mauritius Beach Resort has introduced a range of 15 new treatments using essential oils from Aromatherapy Associates of London.

The expanded menu offers new treatments, for both men and women, as well as locally inspired offerings such as Mauritian massage, wellness personalized massages, whole-body scrubs, new body wraps, and more holistic treatments.

The new menu and integrated approach will be launched in early August under the guidance of the resort's renowned Reiki master, Jeeten.

The 15 Aromatherapy Associate treatments include scrubs and wraps, facials, men's facials, hair nourishment and eye care. At the top end, guests can lose themselves in experiences such as Clear Your Mind, Uplift Your Mood and Sleep Deeply, each one lasting 120 minutes.

For men there is the new Refinery Essential Facial (60 mins), the Refinery Power Lift Facial (90 mins) and the Refinery Ultimate Face and Body Treatment (90 mins).

"The result for men or women is beautiful, glowing, healthy skin free from harsh chemicals and unnecessary synthetics," says Jeeten. "At the Navasana Spa we aim to share the true power of essential oils and the incredible effects they have at a therapeutic level."

Jeeten has also introduced a Mauritian Massage (75 mins), which is a full body spa treatment by a local expert done to the vibrations of Mauritian sega music coupled with bamboo techniques.

A new Wellness Personalised Massage is also designed to address each person's specific needs by using techniques such as deep tissue, Shiatsu, reflexology and stretching.

"The entire Outrigger Mauritius Beach Resort is a holistic experience in itself," says General Manager, Pieter van der Hoeven. "Beach life, exquisite food and drink, music, excursions and now well-being in our spa, all of this makes up the full Outrigger holiday experience."

The full, new Navasana Spa menu at the Outrigger Mauritius Beach Resort can be viewed at <http://www.outrigger.com/-/media/Files/mauritius/spa-brochure-aug-2016.ashx?la=en>.

For bookings or further information, call +230 623 5000 - extension 5071 or click at <http://www.outrigger.com/landing-pages/services/mor-navasana-spa>.

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Editors can download images of Outrigger Mauritius Beach Resort at <http://www.scottasia.net/clients/outrigger/media/> (scroll down)

## ABOUT THE OUTRIGGER MAURITIUS BEACH RESORT

Opened in April 2014, the stunning deluxe property with 181 sea-facing rooms offers a breath-taking beachfront location alongside the turquoise lagoons of the Indian Ocean. Nestled in the nature reserve of BelOmbre, 45 minutes from the airport, the Outrigger Mauritius Beach Resort blends the needs of the most sophisticated traveller with the charm and tradition of an early 18th century Mauritian sugar cane plantation. The resort features the locally renowned Plantation Club, famed for its Mauritian dining, a wide choice of relaxed dining outlets, a kids' club, Navasana Spa (with hammam), and many water sports (kitesurfing a specialty). Visit [OutriggerMauritius.com](http://OutriggerMauritius.com)

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