

Hot stones for a cool mind: Exclusive massage package now available at Spa Cenvaree



As many people often advise for treating common aches and pains... just apply heat!

This same concept is conceptualized at Spa Cenvaree with our exclusive “Hot Stone Massage” treatment. And yes - there is science to explain why this actually works. Applying a warm object (like a smooth stone) to different parts of the body promotes blood flow and can help muscles relax. This can alleviate pain and stiffness in both the long and short term.

And this is the aim of our program: to help ease those aches and pains, as well as leave you feeling refreshed with a cool mind as you hit the busy streets of Bangkok again.

The treatment session, which is carried out by one of our professionally-trained staff, combines hot stone pressure with traditional Thai massage techniques and deep tissue manipulation.

Now priced at THB 2,800++ per person, We are located the 26th floor of Centara Grand at CentralWorld

To book an appointment at Spa Cenvaree or to learn more about any of our ongoing promotions, please call 02100-1234 ext. 6511, 6516 or email: spacgcw@chr.co.th.

Find out more about Spa Cenvaree below.

Website: www.spacenvaree.com/spa/centara-grand-centralworld-bangkok

Facebook: Centara Grand & Bangkok Convention Centre at CentralWorld

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