

# AVANI Hotels & Resorts Elevates Business Meetings with AVANIFIT and Honest Food



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Bangkok, 19 April 2018: AVANI Hotels & Resorts ([www.avanihotels.com](http://www.avanihotels.com)) believes a successful business executive can balance a fast-paced career with an active healthy lifestyle, even when participating in offsite meetings or seminars. With this, AVANI Hotels & Resorts in Thailand, Malaysia, and Laos introduces AVANIFIT Meeting packages that combine contemporary meeting facilities for business with Honest Food and AVANIFIT programmes for a balanced lifestyle.

AVANIFIT Meeting Package offers workout options that range from fully equipped fitness centres to customised classes unique to each location, while Honest Food highlights creative meals featuring fresh, locally sourced ingredients. Together, they offer an energetic reprieve and a refreshing repast from a long day of commercial negotiations or professional seminars.

Book ten rooms or more for at least one group meeting at any AVANI hotel or resort in Thailand, Malaysia, or Laos and receive:

- Full technical assistance for each scheduled meeting along with complimentary high-speed WiFi and available business centre support.
- Coffee breaks and a luncheon or dinner at the property's signature restaurant, all featuring local specialties inspired by AVANI Honest Food programme.
- Meeting participants can register, with seven days' advance notice, for AVANIFIT experiences unique to each AVANI:

- o Relax with sunset yoga, overlooking the Chaophraya River on the rooftop open deck, at AVANI Riverside Bangkok Hotel.

- o Wake-up to sunrise yoga on the helipad rooftop at AVANI Atrium Bangkok.

- o Energise with aerobics and Zumba at AVANI Pattaya Resort & Spa.

- o Channel the mental and physical discipline of Muay Thai at AVANI Hua Hin Resort & Villas.

- o Greet the morning with a 30-minute morning power walk followed by poolside yoga at AVANI Khon Kaen Hotel & Convention Centre.

- o Select from a range of activities such as a sunrise power walk along Phang Kha Bay or glow-in-the-dark volleyball at Sunset Coast Samui, an AVANI managed resort.

- o Join your colleagues for sunrise beach yoga or a fun dance at AVANI Sepang Goldcoast Resort.

- o Breathe in the sunrise at morning yoga before starting your meeting at the newly opened AVANI+ Luang Prabang.

AVANIFIT Meeting packages are available for bookings until 28 December 2018. To book your next meeting or for further information, please visit [www.avanihotels.com/meeting](http://www.avanihotels.com/meeting).