

# Anantara Mai Khao Phuket Villas Celebrates Global Wellness Day



In celebration of Global Wellness Day on June 9, 2018, Anantara Mai Khao Phuket Villas introduced special all-inclusive wellness experiences. Guests can enjoy spa, yoga, fitness, and boxing experiences, which designed to showcase a multi-faceted approach to wellness, with a day dedicated to health and wellbeing.

Time Activity Venue

8.00 am - 9.00 am Muay Thai Boxing Beach Lawn

1.00 pm - 2.00 pm Acroyoga by Master of Wellness Gym

3.00 pm - 4.00 pm Kids Zumba Main Pool

“We are excited for our guests to enjoy the wellness program and we are thrilled to celebrate Global Wellness Day,” said Nikolaus Priesnitz, General Manager of Anantara Mai Khao Phuket Villas. “This is a perfect opportunity to collectively focus on taking the best care of ourselves, through a various wellness-inspired activities.”

Global Wellness Day is an annual, international initiative dedicated to living well and healthy, Anantara Mai Khao Phuket Villas will continue to support wellbeing movement throughout the month of June.