

# All-the-relaxation-you-need: Indulge with Spa Cenvaree 2-hour “Spa Buffet”



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Craving a traditional Thai massage but need extra attention to ease away tension from your head and neck? Maybe you’re in the mood for a full-body scrub but want to combine it with aromatherapy massage in the same session? Or perhaps you’re a fan of a good old foot rub - but your skin could use some TLC with an invigorating mud wrap or facial?

Most massage centers and spas don’t afford you the luxury to pick and choose exactly what you want - but with Spa Cenvaree’s “Spa Buffet” you get to do exactly this!

We have 8 different treatments to choose from, with this D.I.Y-style spa program priced at THB 3,300 (net) for two hours of complete bliss... precisely the way you want it.

Take your pick from our buffet of treatments below:

- Herbal Steam Therapy 15 Mins
- Succulent Strawberry Scrub 45 Mins
  
- Mocha Chino Mud Wrap 45 Mins
  
- Aromatherapy Oil Massage 60 or 90 Mins
  
- Thai Massage 60 or 90 Mins
  
- Head Massage 30 Mins
  
- Foot Massage 30 Mins
  
- Signature Organic Facial 60 Mins

Plus, you can extend that luxury spa feeling once you’re home - with our complimentary ‘Heavenly Vanilla Shea Butter’ (valued at THB 495) for every Spa Buffet booking here at Spa Cenvaree (Centara Grand at CentralWorld).

For reservations, please call 02-100-1234 Ext. 6511, 6516 or e-mail: [spacgcw@chr.co.th](mailto:spacgcw@chr.co.th).

Open Daily: 09:00 - 23:00 Hrs.

Find out more about Spa Cenvaree below.

Website: [www.spacenvaree.com/spa/centara-grand-centralworld-bangkok](http://www.spacenvaree.com/spa/centara-grand-centralworld-bangkok)

Facebook: Centara Grand & Bangkok Convention Centre at CentralWorld

Instagram: [centaragrand\\_centralworld](https://www.instagram.com/centaragrand_centralworld)